

Refresh Your Appearance With a Smile Rejuvenation

Your smile is often the first thing about you that is noticed by others. If your smile makes you look older, if your teeth are worn down or dingy in color or if you have some teeth missing that have not been replaced, you may be a candidate for a smile rejuvenation. Restoring your smile can incorporate many different types of dental treatment. It may only require having your teeth whitened or it may include porcelain veneers, crowns, tooth colored fillings and/or other cosmetic procedures in order to have a smile that makes you look and feel so much better and confident.

Depending upon the initial condition of your smile, teeth and gums a smile rejuvenation can include gingival grafts to cover roots of the teeth where recession has caused unsightly spaces. It may also require a new denture or hookless partial to replace teeth that are missing with a more cosmetic and pleasing arrangement and color. If your teeth are out of alignment, and have other aesthetic considerations, porcelain veneers or crowns would be the treatment of choice since it is possible to change the color, alignment, size, shape, and length of the teeth with these restorations.

Refreshing your smile can make an extensive alteration and improvement in your appearance. The costs involved can be tailored to an individual's needs depending upon the extent of treatment. Often, minor tooth recontouring coupled with cosmetic bonding can dramatically change a person's appearance while keeping the cost of rejuvenation well within the reach of most patients. Bonding places a plastic material over the tooth, covering a defect or changing the color and/or shape of a tooth. It often can be done without anesthetic and yet can also make a marked and noticeable improvement in your smile. However, if the problem is extensive, and requires tooth movement to achieve the ideal smile, there is always the possibility of undergoing adult orthodontics, followed by one of the above-mentioned treatments. Your dentist can perform a thorough exam in order to assist you in determining which procedures are best suited to accomplish your smile rejuvenation.